

Hospital Healthy Food Initiative

Partnership for a Healthier America 2014 Progress Report

For the past 3 years, 10 MaineHealth member and affiliate hospitals have been working together to advance the national Partnership for a Healthier America's *Hospital Healthy Food Initiative*. The goal of this initiative is to create healthier cafeteria environments and more nutritious patient meals. A national report on the impact of this program was released in May 2015.*

MaineHealth: Report Highlights from Across the System

- **8 of 10 hospitals** meet the healthier marketing criteria, which aim to include only healthy food and beverage options in advertising within cafeterias and on patient menus. All 10 hospitals are on track to meet this mark by September 2015.
- **10 of 10 hospitals** offer only healthy food options within 5 feet of cash register stations.
- **7 of 10 hospitals** label all items in the cafeteria with calories per serving.

Pen Bay Healthcare

Local Successes:

- Introduced several new healthy beverage options and removed soda from the café and patient menus in the spring of 2015. Ginger ale is still available on the nursing floors by request only.
- Increased purchase of organic produce from local Hatchet Cove Farm for use in cafeteria menu offerings.
- Created a new menu offering—quinoa cakes—which are very popular amongst consumers.

Additional Accomplishments:

- A Community Supported Agriculture will again be offered to Pen Bay employees during the 2015 growing season.



MaineHealth

Learn more at www.CheckPlusChoices.org

*For full report and progress: <http://progressreports.ahealthieramerica.org/2014/partner/mainehhealth-2/>